### **FAMILY CRISIS AND DOMESTIC ABUSE**

- Hill Country Crisis Council; 888.621.0047 (hotline); hillcountrycrisiscouncil.com; Emergency shelter, counseling, advocacy for victims of relationship and/or sexual violence
- Hill Country Family Services; 830-249-8643; hcfstx.org; Food, clothing, crisis management
- Kendall County Women's Shelter; 830-331-1001 hotline; 830-331-8950; kcwstexas.org; Domestic violence shelter, Accepting men, women, children and pets
- Hill Country Pregnancy Care Center; 830-249-9717; 800-712-4357 (24/7 help); boernepregnancy.org; Locations in Boerne and Comfort
- Kendall County Sheriff's Office -Crisis Intervention (CIT); 24 hrs call 830.249.9721; Crisis intervention officers
- Transformation House; 830-542-9166; transformation-house.org; Transitional housing for women & children
- Seton Home; 210.533.3504; setonhomesa.org; Safe haven for homeless, pregnant teens who plan to parent their child; ages 12-20; 8-5 M-F office hours
- WIC Program (Women, Infants, Children); texaswic.org 830-249-3932; Food & Nutrition Program for pregnant women and infants and children until 5 years of age.
- SJRCtexas; 210-876-6763; sjrctexas.org; Foster and adoption services, trauma-informed residential care, community-based care, prevention and family support services.

#### **VETERANS AND MILITARY**

- Kendall County Veterans Services; 830-249-9343 x336; Assisting in legal benefits available to veterans, surviving spouses and eligible dependents
- Combined Arms; 888-737-3112 (24 hr); texasveterans.network; Free, direct access to over 200+ resources in the community for active duty military, veterans and their families
- Aging and Disability Resource Center; 210-477-3275

  A Referral Agency of AACOG not a Crisis Center;
  Connects seniors, vets, disabled, caregivers to services
- SA Coalition for Veterans & Families; 210-990-1115, sacvf.org; Providing shelter, food & clothing for veterans and their families
- The Pink Berets; 210.912.7564; thepinkberets.org; Provide aid & relief to active duty & veteran women w/ invisible injuries such as PTSD, MST, and CTS
- TBI Warrior, tbiwarriorfoundation.org, 210-455-0009; Rehabilitation & Vocational Counseling for Veterans, Non-veterans and Caregiver Support

### **ADDICTION AND RECOVERY**

Alcoholics Anonymous (local): 210-828-6235 (24 hr); aa12.org

Hill Country Mental Health & Developmental Disabilities Center (MHDD): 830-249-9328 or 877-466-0660 (Hotline)

HillCountry.org. Behavioral health, crisis care,

Mental Health clinics, Developmental Disability Center

Hill Country Council on Alcohol and Drug Abuse (HCCADA) 830-367-4667

San Antonio Council on Alcohol and Drug Awareness (SACADA): 210-225-4741; sacada.org

Life Change Centers; 210-760-2008; lcctexas.org

Celebrate Recovery - Boerne & Kerrville; 830-249-2565

Starlite Recovery Center; 800-292-0148; starliterecovery.com

Warrior's Heart; 844-448-2567 (24 hr); warriorsheart.com Addiction & PTSD treatment for veterans & first responders

NOTE: Recovery Centers are generally for profit entities in Order to collect insurance payments

### **CHILDREN AND YOUTH**

RMYA - rmya.org; Serving trafficked, runaway, homeless, foster and probation youth and young adults.

- > RMYA Meadowland Long Term Residential Campus in Boerne (children 6-17): 830.816.2425:
- > RMYA San Antonio Emergency Shelter Services (Children 5-17) 24 Hour Hotline: 210.340.8090
- > RMYA San Antonio Family Counseling & Resource Center for Communities & families with children & youth up to 24 yrs; 210-340-7971
- K'STAR Youth and Family Services; 855-327-8004 (hotline); 830.896.5437; kstar.org; Emergency Shelter for Youth in Crisis and Community Counseling Services
- Clarity Child Guidance Center; 210-616-0300 (24 hr) claritycgc.org; crisis stabilization, inpatient services, partial hospitalization, outpatient therapy, child psychiatry, family therapy.
- Retreat 4 Kids; 325.370.7263; retreat4kids.com; Residential Treatment for female youth ages 10-17 who are victims of sex trafficking. Covers Bexar County and 23 surrounding counties.
- Hill Country CASA; 830-896-2272; hccasa.org; Court appointed advocates for abused and neglected children

# Kendall County Crisis and Social Service Quick Reference Guide

Sponsored by the Kendall County Behavioral Health Initiative and the Nonprofit Website,

<u>KendallGiving.com</u>

Contact kendallcountygiving@gmail.com

### **HOTLINES AND HELPLINES**

Dial 211 or 877-541-7905 or 211texas.org; Tx Health and Human Svcs A search engine for various health and human resources

Dial 411: Directory Assistance

Dial 511: Roadside Assistance, or 800-452-9292

Dial 811: Call811.com; Call Before You Dig

Dial 988: Suicide Prevention Lifeline and Mental Health Crisis Hotline

Suicide Hotline: 1-800-273-8255

Alcoholics Anonymous (local): 210-828-6235 (24 hr); aa12.org

Narcotics Anonymous: 1-800-221-9091

National Child Abuse Hotline: 1-800-422-4453

Nat'l Domestic Violence Hotline: 800-799-7233 or 800-787-3224 (TDD)

National Sexual Assault Hotline: 1-800-656-HOPE (4673)

National Trafficking Hotline: 1-888-373-7888

Texas Runaway Hotline: 1-888-580-HELP (4357)

Texas Youth 24/hr Hotline: 1-800-98-YOUTH (9-6884)

Veterans Crisis Hotline: 1-800-273-8255

Women's Veterans Call Center: 1-855-829-6636

Smoking Quit Hotline: 1-877-44U-QUIT (1-877-448-7848)

American Cancer Society: 1-800-227-2345

Crisis Text Line: Text TALK to 741741

Kendall County Women's Shelter Hotline: 1-800-495-8078

Catholic Charities Crisis Intervention: 210-226-6178 or 210-226-1801

Hill Country Crisis Council: 1-888-621-0047

Hill Country Pregnancy Care Center 24/7 Helpline: 1-800-712-4357

Kendall County Victim Services: 830-249-9343 x 299; On Call 24/7, Contact Dispatch: 830-249-8645

Mental Health & Developmental Disabilities Center: 1-877-466-0660

### **FOOD BANKS / HUNGER**

- Hill Country Daily Bread; 830-755-5200; hillcountrydailybread.com; Food bank + emotional and spiritual support programs - families, students, individuals
- Hill Country Family Services; 830-249-8643; hcfstx.org; Food, clothing, crisis management
- Comfort Table & Food Pantry; 281-797-3719; comforttablepantry.org; Food pantry + hot meals service 3 days a week
- The Center Boerne; <u>facebook.com/the</u>centerboerne/; 830-249-2114; Meals on Wheels delivery and congregate dining at Kronkosky Place offered Monday - Friday @ lunch
- Meals on Wheels c/o Comfort Golden Age Center; 830-995-3032; comfortgoldenagecenter.org
- San Antonio Food Bank; 800-246-9121; safoodbank.org; Food bank + multiple other assistance programs (jobs, benefits, ++) M-F 8-5, Sat 12-4
- MealsforVets.org; 800-676-1389 or 830-992-3375; Meals for veterans, their dependents and surviving spouses For ages 59 and younger

#### **PEOPLE WITH DISABILITIES**

- Aging and Disability Resource Center; 210-477-3275

  A Referral Agency of AACOG not a Crisis Center;
  Connects seniors, vets, disabled, caregivers to services
- TBI Warrior Foundation; tbiwarriorfoundation.org; 210-455-0009; Programs for those living with TBI

#### **SENIORS**

- The Center Boerne; <u>facebook.com/the</u>centerboerne/; 830-249-2114; 17 Old San Antonio Road, Boerne; Food, transportation, medical equipment, senior programs
- Comfort Golden Age Center; 628 Tx Hwy 27, Comfort; 830-995-3032; comfortgoldenagecenter.org
- Alamo Area Agency on Aging; 210.477.3275; aacog.com; A Referral Agency of AACOG; Services include meals, care coordination, legal assistance, nutrition and counseling
- TX Dept of Family & Protective Svcs Adult; 800-252-5400;





# HOMELESS, HOUSING, RENT/BILL ASSISTANCE

- Hill Country Family Services; 830-249-8643; hcfstx.org; Food, clothing, crisis management
- Spring Creek CARES; 830-981-8331; Springcreek-cares.com; Financial support for those working families & individuals in a crisis (rent, mortgage, utilities, auto, medical,+)
- St. Vincent de Paul Assistance for Rent, Clothing, Food, Medication, Utilities, Medical Bills
- @ St. Peter's/Boerne; 830.816.5646; stpetersboerne.org; For Zip Codes 78006 & 78015 (Boerne / Fair Oaks)
- @ Kerrville St. Vincent de Paul for Comfort Zip Code 78013: 830-896-6898; svdpndkerr.org
- Salvation Army; 830-388-8379; salarmyboerne@gmail.com; Partial rent, utilities, prescriptions, emergency motel stays
- Boerne Housing Authority; 830-249-9343 x350, x351; boernehousingauthority.org; Administers federal Housing Choice Voucher program; includes rental assistance
- Operation Homefront; operationhomefront.org; 210-659-7756; Financial & Family support for Veterans & their families
- Community Council of S. Central Tx; 830-625-6268; ccsct.org; Utility assistance, Home and rental assistance, Veterans financial assistance
- Endeavors (Support for Vets); 210-431-6466; endeavors.org; Veterans facing eviction, homelessness, mental health care

#### **SOCIAL SERVICES**

- Tx Health and Human Services (THHS); hhs.texas.gov 830.249.3533 or 877.787.8999; Autism, Blindness, Early childhood intervention, Medicaid support, Independent Living resources, Transportation
- American Red Cross, Hill Country; 800-733-2767; redcross.org Emergency Assistance for people displaced from their homes. Assistance for Military and Veteran families.

## **JANUARY 17, 2024**

For a list of 480+ nonprofits, churches and agencies serving Kendall County, Go to





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## HEALTH: MENTAL, BEHAVIORAL, PHYSICAL, MEDICAL

- Hill Country Mental Health & Developmental Disabilities Center (MHDD): 830-249-9328 or 877-466-0660 (Hotline)

  HillCountry.org. Behavioral health, crisis care,

  Mental Health clinics, Developmental Disability Center
- Kendall County Indigent Healthcare Program; co.kendall.tx.us; 830-249-9343 x350 or x351; Medical Services for Indigent for basic medical services
- Hill Country Mission for Health; 830-249-0130; missionforhealth.org; charitable primary health care for eligible low-income, uninsured adults
- The Ecumenical Center; 210-616-0885; ECRH.org; Provides mental health services for children, adults, seniors and veterans
- Texas Department of State Health Services Region 8; dshs.state.tx.us/region8/default.shtm; 830-249-3511; Public health testing services
- Center for Life Resources;- Early Childhood Intervention (ECI) 830.315.0123; Early Intervention for children birth to 3 with developmental delay or disabilities
- Communicare Health Foundation; 830-816-1717 Pediatric, OBGyn and Behavioral Health are in Kendall Co., Full service family health care service by reference
- NAMI (Nat'l Alliance on Mental Illness); nami-sat.org; NAMI San Antonio Warmline: 9a - 5p, M-F; 210-734-3349; NAMI Helpline, 10a-10p: 800-950-6264; 24/7 NAMI Crisis Counselor by texting NAMI to 741-741;
- Clarity Child Guidance Center; 210.616.0300; claritycgc.org; Crisis stabilization, outpatient therapy, child psychiatry, parenting classes



